

with Márta Guóth-Gumberger
and Daniela Karall

Single-cut Full-length Scissors
Frenotomy for

TONGUE TIE



Friday,
January 15, 2027



09:30 - 12:00 and
14:00 - 16:30

tongue-tie-sfsf.org



WEBINAR FOR MDS

Single-cut Full-length Scissors Frenotomy (SFSF) for Tongue-tie

Live Webinar

for pediatricians and other medical professionals,

- who already perform frenotomies,
- who would like to perform frenotomies,
- who would like to deepen their knowledge of the SFSF method.

You will gain an in-depth overview of the topic, particularly its connection to breastfeeding, nutrition, weight gain, speech, and tooth alignment. The multifactorial assessment approach, pre- and post-treatment care, and collaboration with other specialists will be presented using photos and videos.

The **S**ingle-cut **F**ull-length **S**cissors **F**renotomy (SFSF) will be discussed as an effective, low-threshold treatment method as gentle as possible and available for all. It will be presented for tongue-tie in all age groups, along with the specifics of this incision-based frenotomy in pediatric practice.

The treatment is as gentle as possible on both the patient and the family, which has a positive impact on post-treatment care which also takes into account the anatomy, physiology and biomechanics of tongue function. It involves neuromuscular re-education that supports learning loops.

Participants may submit case studies prior to the webinar, including description of the problem, age, complete weight data since birth, general and oral symptoms, photos / videos and your questions. You can upload them [here](#).

ON THE TOPIC

Despite careful breastfeeding counseling and appropriate measures, a short frenulum may still restrict tongue movement.

An assessment of the overall situation, weight curve and tongue mobility is important for counseling, diagnosis, and follow-up care.

Single-cut Full-length Scissors Frenotomy (SFSF) performed as deeply as anatomically possible at the time of the intervention is the preferred method, as the underlying tissue remains in its original state and is not thermally injured.

Subsequent gentle movement exercises support the learning of the new tongue movement pattern and the physiological resting position of the tongue against the palate. This facilitates, among other things, proper sucking and swallowing.

CONTENTS

- Definitions related to the topic: various forms of tongue-tie, treatment methods, follow-up care methods
- Anatomy, physiology, biomechanics of the tongue and the lingual frenulum
- Multifactorial assessment approach
- Preparation: breastfeeding counseling, speech therapy, ...
- Procedure: **Single-cut Full-length Scissors Frenotomy (SFSF)**, technical details and videos
- Pain management: breastmilk, for older babies local anesthesia
- Follow-up care: breastfeeding support, gentle exercises, neuromuscular re-education, ...
- Experiences and long-term effects
- Open questions: Does re-attachment exist? Why are multiple frenotomies necessary in some cases? ...
- Lip tie

Webinar

Upon registration: Questionnaire about your background and questions

Certification

CME / DFP / individual CERPS

Knowledge assessment (short theoretical test)

Certificate of participation

POST-WEBINAR

If participants submit five documented cases (complete weight data since birth, photos/videos of the tongue before treatment, lifted before and after the cut (SFSF), post-treatment care, progress including weight data after treatment, outcome) following the training, we can certify proficiency in SFSF ("SFSF Provider").

When?

Friday, January 15, 2027; 9:30 a.m. - 12:00 p.m. and 2:00 p.m. - 4:30 p.m.

Who is this for?

For physicians of all specialties, especially pediatricians and adolescent medicine specialists

Cost

Individual participation: 250€ per participant

3 or more participants ("group discount"): 220€ per participant

Registration: tongue-tie-sfsf.org

More information: www.breastfeeding-support.de
www.paediatric.at

Biographies



A. Univ.-Prof. Dr. Daniela Karall, IBCLC,

is a specialist in pediatrics and adolescent medicine. She works at the Department of Pediatrics at the Medical University of Innsbruck and has been president of the Austrian Society for Pediatrics and Adolescent Medicine (2018-2026).

For many years, she has been performing frenotomies on infants, children, and adults and is involved in research and continuing education on the subject.



Dipl.Ing. Márta Guóth-Gumberger IBCLC,

has a training in family counseling and the integration of pre- and perinatal experiences and family dynamics.

She runs her own practice in Rosenheim, Germany, providing counseling for breastfeeding and on tongue function in infants, children, and adults. She collaborates with physicians, is involved in research and continuing education on the subject and has written several books.